



### Our locations

Sussex Audiology Centre, 313 Goring Road, Goring-by-Sea, West Sussex BN12 4NX

Haywards Heath Nuffield Health Hospital, Burrell Road, Haywards Heath, West Sussex RH16 1UD The Hove Clinic, 17-19 Montefiore Road, Hove, East Sussex BN3 1RD

### **Contents**

Microsuction & Ear Wax Removal	4
High Quality Digital Hearing Aids	6
Tinnitus Advice & Rehabilitation	9
Balance Assessment & Rehabilitation	10
Hearing Aid Aftercare & Accessories	11

Sussex Audiology Centre was set up in 1996 by local Ear, Nose and Throat Surgeon Mr Robert Tranter to help offer high quality services for patients with hearing, balance and tinnitus problems. Now in its 20th year and run by his son Ben Tranter, Sussex Audiology continues to grow and offer the latest technology in all its services. We have grown from one centre to four covering Brighton and Hove, Haywards Heath and Worthing. We also offer home visits for patients who cannot make it to any of our centres.

We welcome all patients and offer free hearing aid assessments with either Rosanne Westcott, Elli Parish or Ben Tranter and are able to offer unbiased provision of the latest hearing aids. Our tinnitus advice and rehabilition is run by Saskia Harden and is supported by Ben Tranter and our balance assessment is run by Dr Rob Low. Both of these services are undertaken at our Hove clinic. Our secretaries are able to take care of bookings and any queries.

### Microsuction and Ear Wax Removal

Sussex Audiology Centre offers three types of wax removal.

- 1. Microsuction
- 2. Irrigation
- 3. Manual Removal

#### 1. Microsuction

We mainly use microsuction as our preferred option as it is cleaner and more efficient. It is also more comfortable than irrigation for most people.

The main benefit of microsuction is that it is quick. It is also the only solution for people with known middle ear conditions or known perforations. The cost is £60 for one ear £90 for both.

Our recommendation if you have wax is to put olive oil or preferably sodium bicarbonate solution ear drops in your ears as even if only put in a day before it will aid removal.

#### 2. Irrigation

Irrigation (syringing) is an option that we still have but only used if someone requests it or if it is in a minority of cases more suitable. Preparation is key to successful wax removal and olive oil or sodium bicarbonate ear drops must be used for 7-10 days prior to removal. The cost is £60 for one ear £90 for both. If you are aware of any middle ear conditions or have a known perforation irrigation is not suitable.

#### 3. Manual Removal

In some cases we may use manual removal with a Jobson horn to compliment either microsuction or irrigation.

["

If you would like to know more or for an appointment please call **01273 778977** for Hove and Haywards Heath and **01903 243300** for Goring-By-Sea.



# High Quality Digital Hearing Aids

At Sussex Audiology Centre we like to offer a free hearing aid assessment so that you can come to see us at one of our clinics without any worry (or a home visit if necessary). We feel that it is very important for you to feel comfortable with our company should we supply your hearing aids and the following aftercare and support.

A Hearing Aid Assessment takes around 60–90 minutes and includes a consultation with one of our qualified, experienced audiologists.

### During an assessment we will do the following:

- Introduction to Sussex Audiology
- Undertake a medical history relating to your hearing and difficulties you may be experiencing
- Examine the ear canals and eardrums for healthy appearance
- Undertake a hearing test with regards to hearing and a middle ear analysis
- Discuss the hearing test result and what any loss may mean
- Discuss possible hearing aid provision.

If you would then like to trial a hearing aid we are able to offer this on a 45 day money back guarantee. The hearing aids that you would trial would be the exact hearing aid that you keep and are custom made for you if required. Being custom made does not affect the 45 day trial period.

Our prices start from £500 for a pair of digital hearing aids. Almost all of the hearing aids we offer have some form of remote control option and simple to use accessories to help with the TV and/or phone use.

Hearing aids can take from a couple of days up to ten days to be supplied. We offer all hearing aids on a two year warranty, with one year's battery supply and comprehensive aftercare.

#### **Hearing Aid Fitting and Trial Period**

Our 45 day money back trial period is where we make sure that the selected hearing aid is the correct model for our patients and make sure the performance, comfortable fit and required discreetness is achieved. We would normally see our patient 2 to 3 times in this 45 day period.

#### **Aftercare**

We are well known for our outstanding aftercare for the life of the hearing aid and are always happy to help out where we can. **Call us today to book your free appointment.** 

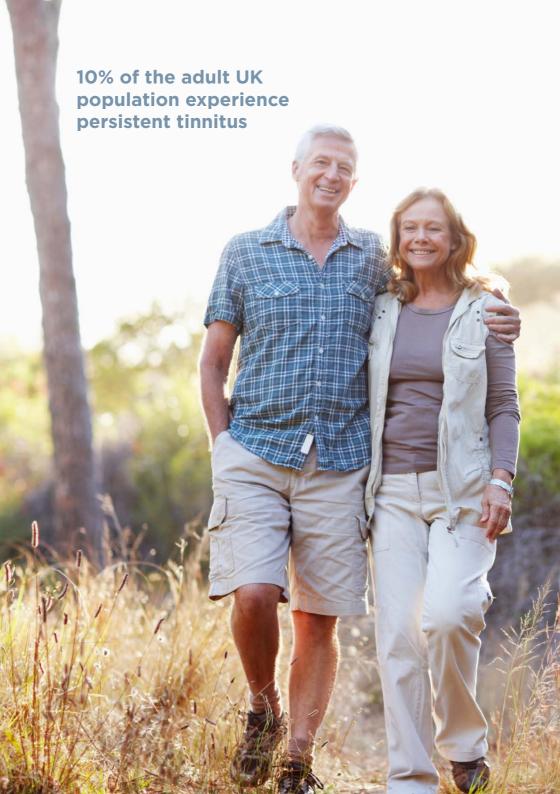






C

If you would like to know more or for an appointment please call **01273 778977** for Hove and Haywards Heath and **01903 243300** for Goring-By-Sea.



## Tinnitus Advice and Rehabilitation

#### What is tinnitus?

Tinnitus is the term for noises heard 'in the ear or ears' or 'in the head' when no obvious source of sound is apparent. The noises are usually described as ringing, whistling, hissing, buzzing or humming, but they can take the form of almost any noise even musical sounds. In a mild form tinnitus is very common. 10% of the adult UK population experience persistent tinnitus. It can be very distressing and tiring but there are ways to get help.

#### How we can help?

Saskia Harden is our Hearing Therapist and we offer tinnitus management based on the neurophysiological model (Tinnitus Retraining Therapy) and the psychological model. Our approach is based on the most recent evidence, and utilises the latest assessment and management techniques to help reduce awareness of tinnitus and improve quality of life. We offer 1 hour appointments which will involve gaining information about your specific tinnitus issues, general health, sleep and hearing and advising the best route forward. Sometimes the most positive solution if there is tinnitus and a hearing loss is to try a well fitted hearing aid and/or white noise generator. We would be able to ascertain whether this would be suitable and can demonstrate the device.

It is recommended that you also consult your GP if you experience tinnitus as you may need to be referred to an Ear, Nose and Throat (ENT) specialist who will take a full medical history and examination. Based on this, medical conditions related to tinnitus can be confirmed or ruled out and therefore provide a basis for more specific tinnitus treatment.

C

If you would like to know more or for an appointment please call **01273 778977** for Hove and Haywards Heath and **01903 243300** for Goring-By-Sea.

# **Balance Assessment and Rehabilitation**

Sussex Audiology Centre's Dr Rob Low DPhil. can offer a comprehensive balance assessment service (Consultant referrals only) using the latest equipment and techniques to fully assess balance problems and find practical solutions to help restore confidence and an active lifestyle. Dr Rob Low is a highly regarded Audiological Scientist specialising in balance disorders and can select a range of appropriate balance assessments to help assist in the diagnosis and treatment of dizziness and vertigo.

It is important that an ENT Consultant Surgeon or Neuro-Surgeon has been consulted first to ensure that the procedures are medically safe and in order to work collaboratively to reach a successful diagnosis. Your GP will be able to arrange a private referral to a local ENT surgeon.



## Hearing Aid Aftercare and Accessories

#### **Hearing Aid Aftercare**

Sussex Audiology is happy to look after all makes of hearing aids whether supplied by us or from elsewhere. There are many routine maintenance areas that are not always mentioned or demonstrated and these can dramatically improve sound quality and fit. It may be that your ears are full of wax and may need removal via microsuction.

Please note we are not able to look after or maintain NHS hearing aids.



▶ Phonak DECT II Cordless Phone



Wax Guard



If you would like to know more or for an appointment please call **01273 778977** for Hove and Haywards Heath and **01903 243300** for Goring-By-Sea.

